

1 **Identifications of Metabolic Differences between Hedysari Radix**
2 **Praeparata Cum Melle and Astragali Radix Praeparata cum**
3 **Melle for spleen-qi deficiency rats: A comparative study**

4 Yuefeng Li ^{1,2,4#}, Yugui Zhang^{1,2#}, Rui Cao^{1,2#}, Jiangtao Niu^{1,2#}, Tiantian Bian^{1,2}, Dingcai Ma^{1,2}, Zhe
5 Wang^{1,2}, Maomao Wang^{1,2}, Xingke Yan^{3*}

6 *1. Pharmacy of College, Gansu University of Chinese Medicine, Lanzhou 730000, China*

7 *2. Key Laboratory of Quality and Standard of TCM of Gansu Province, Lanzhou 730000, China*

8 *3. Acupuncture of College, Gansu University of Chinese Medicine, Lanzhou 730000, China*

9 *4. Scientific Research and Experimental Center, Gansu University of Chinese Medicine, Lanzhou*
10 *730000, China*

11 ***Correspondence author: Prof. Xing-ke Yan**, Acupuncture of College, Gansu University of
12 Chinese Medicine, Lanzhou 730000, China. Email: yanxingke@126.com and yxktcm@163.com
13 Telephone: +0931 – 876558. Address: No. 35, Dingxi East Road, Chengguan District, Lanzhou
14 City, Gansu Province, China.

15 #These authors share first authorship.

16

17 **Authors checklist:** lyfyxk@126.com (Y. Li), zhangyugui_tcm@163.com (Y. Zhang),
18 1239906147@qq.com (R. Cao), 1090459314@qq.com (J. Niu), biantiantcm@163.com (T. Bian),
19 2276403631@qq.com (D. Ma), 849271540@qq.com (Z. Wang), 2830715313@qq.com (M.
20 Wang), yxktcm@163.com (X. Yan).

21

22 **Highlights**

23 1. Hedysari Radix Praeparata Cum Melle (HRPCM) and Astragali Radix Praeparata
24 cum Melle (ARPCM) improve spleen-qi deficiency (SQD) syndrome including the
25 gastrointestinal dysfunction and decreased immunity.

26 2. HRPCM and ARPCM treat SQD rats by regulating the lipid metabolism, amino
27 acid metabolism, nucleotide metabolism, sugar metabolism, and energy metabolism.

28 3. The differences in metabolic profiling between HRPCM and ARPCM for SQD rats

29 are mainly in the synthesis of L-glutamine in amino acid metabolism.

30

31 **Abbreviations**

32 AR, Astragali Radix. HR, Hedysari Radix. HRPCM, Hedysari Radix Praeparata Cum
33 Melle. ARPCM, Astragali Radix Praeparata Cum Melle. SQD, spleen-qi deficiency.
34 BZYQP, Bu-Zhong-Yi-Qi Pills. HPLC, high performance liquid chromatography. SPF,
35 specific pathogen free. UPLC-MS/MS, ultra high performance liquid
36 chromatography-triple quadrupole tandem mass spectrometry. ELISA, enzyme-linked
37 immunosorbent assay. MS, mass spectrometer. ESI, electrospray ionization. QC,
38 quality control. GAS, gastrin. IL, interleukin. TNF, tumor necrosis factor. PCA,
39 Principal component analysis. OPLS-DA, orthogonal partial least squares
40 discriminant analysis. RPT, response permutation testing. VIP, variable important
41 inprojection. FC, fold change.

42

43 **ABSTRACT**

44 Hedysari Radix Praeparata Cum Melle (HRPCM) and Astragali Radix Praeparata cum
45 Melle (ARPCM) are capable of improving spleen-qi deficiency (SQD) syndrome
46 especially in the gastrointestinal dysfunction and decreased immunity in traditional
47 Chinese medicine clinically. This study aims to compare and reveal the metabolic
48 differences between HRPCM and ARPCM for SQD rats. Firstly, HRPCM (12.6 g/kg)
49 and ARPCM (12.6 g/kg) were used to intervene SQD rats to further evaluate the
50 effect. The results showed that HRPCM and ARPCM were able to improve the spleen
51 pathology, increase the body weight, the rectal temperature, the spleen index, the
52 thymus index, the levels of GAS and D-xylose in serum, and decrease the levels of
53 IL-2, IL-6 and TNF- α in serum for SQD rats. Then, the studies of metabolic
54 differences in serum and spleen were carried out using UPLC-Q-TOF-MS. The
55 findings emphasized that HRPCM and ARPCM not only regulated metabolic profiling
56 of serum and spleen in SQD rats, but also existed differences. HRPCM and ARPCM
57 regulated metabolic pathways mainly including lipid metabolism, energy metabolism,
58 amino acid metabolism, nucleotide metabolism, sugar metabolism and other types of

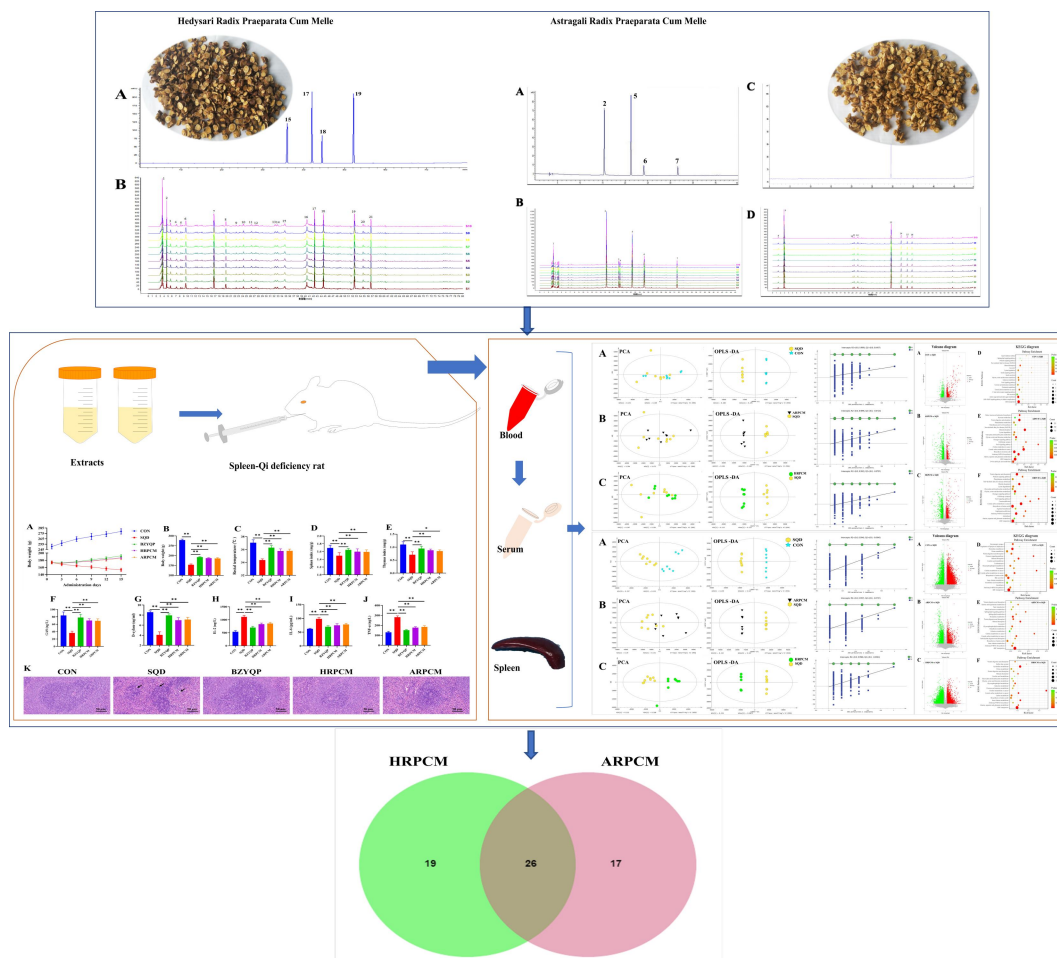
59 metabolism for SQD rats. However, the metabolite profiles in SQD rats changed
 60 significantly, mainly involving abnormal glycine synthesis occurred in SQD rats. The
 61 expression trends of metabolites in HRPCM and ARPCM intervention for SQD rats
 62 were partly the same. Interestingly, there are similarities and differences in metabolic
 63 profiling between HRPCM and ARPCM for SQD rats. The differences were mainly in
 64 the synthesis of L-glutamine in amino acid metabolism.

65

66 **Keywords:** Hedysari Radix Praeparata Cum Melle; Astragali Radix Praeparata cum
 67 Melle; spleen-qi deficiency; metabolomics; metabolic differences; comparative study

68

69 **Graphical Abstract**



70

71

72

73

74 **1 Introduction**

75 Astragali Radix (AR) is the dried root of the leguminous *Astragalus*
76 *membranaceus* (Fisch.) Bge. var. *mongholicus* (Bge.) Hsiao or *Astragalus*
77 *membranaceus* (Fisch.) Bge. Hedysari Radix (HR) is the dried root of the leguminous
78 *Hedysarum polybotrys* Hand.-Mazz. AR and HR are both genuine medicinal materials
79 in Gansu, China. They belong to the same family but different genera. HR and AR
80 have many common components such as polysaccharides, flavonoid, saponins, amino
81 acid and microelement. Meanwhile, HR and AR have common pharmacological
82 effects such as anti-tumor, anti-aging, immunoregulation, the protection of
83 cardiovascular and cerebrovascular, and so on [1, 2]. HR, thus, is still used instead of
84 AR in Gansu, Qinghai, and Hong Kong in China[3].

85 HR and AR processed with honey play a synergistic effect to improve the effects
86 of invigorating Qi. Honey-processed Hedysari Radix and honey-processed Astragali
87 Radix are called as Hedysari Radix Praeparata Cum Melle (HRPCM) and Astragali
88 Radix Praeparata Cum Melle (ARPCM) in Chinese. HRPCM and ARPCM only have
89 the effects of invigorating spleen-stomach and replenishing qi. Thus, they are
90 commonly used to treat spleen-qi deficiency (SQD) syndrome including fatigue, poor
91 appetite, diarrhoea and weakened immunity[4]. The research on components for
92 HRPCM and ARPCM also focus on polysaccharides, flavonoid, saponins, amino acid
93 and microelement [5, 6]. However, Some studies have suggested that polysaccharides
94 [7], saponins including astragaloside IV and astragaloside I [8] as well as flavonoids
95 including calycosin-7-glucoside [8] are the key components of HRPCM and ARPCM
96 to enhance the effect of invigorating spleen-stomach and replenishing qi. At present,
97 studies on the effects of HRPCM and ARPCM in invigorating spleen-stomach and
98 replenishing qi are mostly focused on anti-oxidation and immune enhancement [9].
99 Our previous study found that HRPCM and ARPCM are capable of improving the
100 gastrointestinal dysfunction and decreased immunity in SQD rats and HRPCM is
101 more effective than ARPCM [10]. As mentioned above, the main chemical
102 composition and the effects of invigorating spleen-stomach and replenishing qi for

103 SQD syndrome between HRPCM and ARPCM are similar. Therefore, it is vital that
104 to explore the reason why HRPCM is more effective than ARPCM in improving the
105 gastrointestinal dysfunction and decreased immunity for SQD rats.

106 Traditional Chinese medicine (TCM) has the characteristics of multiple
107 components. The therapeutic effect of TCM can usually be attributed to the
108 combination or formula of multi-components [11]. It is difficult to evaluate the
109 therapeutic effect of TCM with clear composition changes [12]. For this reason, it is
110 necessary to introduce metabolomics, a classical method, to clarify the reason for the
111 therapeutic effect of TCM. ncomplements this approach by providing a
112 comprehensive understanding of the metabolic changes induced by TCM treatments
113 and the interactions between TCM and the human body. After TCM intervention,
114 metabolomics focuses on the comprehensive analysis of metabolites which present in
115 biological systems. These metabolites include various small molecules such as sugars,
116 amino acids, lipids, and organic acids that are involved in the chemical reactions and
117 processes within a living organism [13]. These reactions and processes finally reveal
118 the main reasons for the therapeutic effect of TCM.

119 Although our previous research revealed that HRPCM is more effective than
120 ARPCM in improving the gastrointestinal dysfunction and decreased immunity for
121 SQD rats, the metabolic differences that give rise to this phenomenon have not yet
122 been revealed. This study aims to compare and reveal the metabolic differences
123 between HRPCM and ARPCM for SQD rats by metabolomics analysis, which hope
124 to provide a basis for better promotion of the rational clinical replacement application
125 of HRPCM and ARPCM.

126 **2 Materials and methods**

127 **2.1 Experimental herbs**

128 HR and AR samples were collected from Micang Mountain, Wudu District,
129 Longnan City, Gansu Province, China. The two herbs were authenticated by Professor
130 Wang Mingwei from the Department of Chinese Medicine Identification, School of
131 Pharmacy, Gansu University of Chinese Medicine. Bu-Zhong-Yi-Qi Pills (Batch No.

132 19C38) were purchased from Lanzhou Foci Pharmaceutical Co., Ltd. Rhubarb
133 (*Rheum palmatum* L.) medicinal decoction pieces were purchased from Affiliated
134 Hospital of Gansu University of Chinese Medicine.

135 **2.2 Preparation, Chemical compositions and quality analysis of HRPCM and** 136 **ARPCM**

137 The preparation methods of HRPCM and ARPCM referred to our previous study
138 [10]. The chemical compositions were analyzed by the ultra high performance liquid
139 chromatography-triple quadrupole tandem mass spectrometry (UPLC-MS/MS)
140 method. The quality analysis of HRPCM and ARPCM were also performed by high
141 performance liquid chromatography (HPLC) according to our previous method [10].
142 The specific methods of preparation, chemical compositions and quality analysis are
143 showed in online **Supplementary Methods**.

144 **2.3 Animals**

145 60 six-week-old specific pathogen free (SPF) male SD rats, weighing 180 ± 20 g,
146 were provided by the Animal Experiment Center of Gansu University of Chinese
147 Medicine. In a barrier environment, the rats were raised in separate cages, 5 in each
148 cage. The ambient temperature of the breeding room was controlled to 23 ± 2 °C, and
149 its relative humidity was controlled to 45%–50%. This animal experiment satisfied
150 the requirements of the Experimental Animal Ethics Committee and was approved by
151 the Ethics Committee (Committee No. 2019-203).

152 **2.4 Experimental protocols and Drug intervention**

153 The experimental protocol is showed in **Fig. 1**. After 7 days of adaptive feeding,
154 60 SD male rats were randomly divided into a control group (CON, n=10) and
155 building model group (BM, n=50). The CON rats were routinely raised without model
156 conditions. The BM rats were used to limit food intake, make diarrhoea and fatigue to
157 establish the model of SQD [14]. The modeling methods of SQD are listed in our
158 previous literature [10]. After 15 days of continuous model building (Note: ten rats
159 were sacrificed during model building), the BM rats were randomly divided into the
160 SQD model group (SQD, n=10), Bu-Zhong-Yi-Qi Pill group (BZYQP is used to treat
161 the SQD syndrome and becomes a kind of positive active Chinese patent medicine in

162 this study. n=10), HRPCM intervention group (HRPCM, n=10) and ARPCM
163 intervention group (ARPCM, n=10).

164 The equivalent dose was converted from the body surface area of humans and
165 rats and the optimal administration dose for rats was determined based on the
166 previous research [10, 15] combined with pilot experiment. Drug intervention was
167 started on the 16th day of the experiment. During the drug intervention period, The
168 BZYQP rats were given $1.89 \text{ g}\cdot\text{kg}^{-1}\cdot\text{d}^{-1}$ BZYQP water-soluble substance by
169 intragastric administration at 8 o'clock every morning. Both HRPCM and ARPCM
170 groups were given $12.6 \text{ g}\cdot\text{kg}^{-1}\cdot\text{d}^{-1}$ by intragastric administration of HRPCM and
171 ARPCM water extract, the gavage volume is $10 \text{ ml}\cdot\text{kg}^{-1}$. The CON and SQD rats were
172 orally administered an equal dose of distilled water. Once a day for 15 days, excluding
173 the CON rats, the other groups continued to apply the modelling conditions.

174 **2.5 Sample collection**

175 Exactly 15 days after extract administration, rats in each group were fasted but
176 given free access to drinking water. At 6:00 PM on the same day, the rats in each
177 group were weighed, and the rectal temperature was measured. On the 16th day after
178 drugs administration, rats in each group were given $1 \text{ mL}\cdot\text{kg}^{-1}$ 5% D-xylose solution.
179 After 1 h of gavage, 5 mL of blood samples was collected from the abdominal aorta
180 into non-anticoagulated vacuum blood collection tubes. After refrigeration at $4 \text{ }^{\circ}\text{C}$ for
181 1 h, the rats were centrifuged at 3000 rpm and $4 \text{ }^{\circ}\text{C}$ for 15 min, the supernatant was
182 placed in a 2 mL cryotube and frozen for later use. After blood collection, the rats
183 were sacrificed. The spleens and thymus were immediately removed and accurately
184 weighed. After weighing, the spleen tissue was quickly divided into two parts: one
185 part was fixed in the pre-prepared 4% paraformaldehyde fixative solution for
186 pathological observation, and the other part was placed in the cryotube for the
187 metabolomic study of spleen. Liquid nitrogen was used to freeze the samples, which
188 were then placed in the refrigerator at $-80 \text{ }^{\circ}\text{C}$ for later use.

189 **2.6 H&E staining Pathological Analysis**

190 The spleen tissues were precisely weighed and fixed in 4% paraformaldehyde
191 fixative solution for 1 week, embedded in paraffin, sliced, baked, stained with HE and

192 observed under an inverted microscope at 200x.

193 **2.7 Enzyme-linked immunosorbent assay**

194 The serum samples were obtained from the abdominal aorta and assayed for IL-2,
195 IL-6, TNF- α , GAS and D-xylose (Nos. MM-0192R1, MM-0190R1, MM-0180R1,
196 MM-20284R1, and ml015649. The kits of L-2, IL-6, TNF- α and GAS were purchased
197 from Jiangsu Meimian industrial Co., Ltd, Jiangsu, China. The kit of D-xylose was
198 purchased from Enzyme-linked Biotechnology Co., Ltd, Shanghai, China.) by using
199 the enzyme-linked immunosorbent assay (ELISA) kits according to the
200 manufacturer's instructions.

201 **2.8 Metabolomics analysis**

202 The serum and spleen samples were separated using Agilent 1290 Infinity LC
203 UHPLC system and HILIC column and were analyzed by the Triple-TOF5600 mass
204 spectrometer (MS). Each sample was tested in positive- and negative-ion mode using
205 electrospray ionisation (ESI). The specific processing of LC-MS tests is listed in
206 Online **Supplementary Methods**. After completing the LC-MS tests and data conversion,
207 metabolite structure identification was achieved by accurate mass matching (<25 ppm)
208 and secondary spectral matching to retrieve HMDB, Massbank
209 (<http://www.massbank.jp>) and laboratory self-built databases. For the extracted data,
210 delete ion peaks with missing values >50% in the group, normalize the total peak area
211 of the positive and negative ion data, integrate the positive and negative ion peaks and
212 apply the software SIMCA-P 14.1 (Umetrics, Umea, Sweden) to perform Pattern
213 recognition, after the data is preprocessed by Pareto scaling, multivariate statistical
214 analysis is performed.

215 **2.9 Statistical methods**

216 The data showed a normal distribution and their variance was uniform, the
217 results are expressed as mean \pm standard deviation ($\bar{x} \pm s$), and comparisons between
218 groups were conducted by using one-way ANOVA. If the variance was not uniform
219 and the data did not have a normal distribution, the W-H rank sum test was used. All
220 of the data were statistically analyzed using Paragraph Prism version 8.0.2 (GraphPad
221 Software, La Jolla, CA) software. $p < 0.05$ was considered to indicate statistically

222 significant differences.

223 **3 Results**

224 **3.1 Qualitative analysis of HRPCM and ARPCM**

225 HPLC fingerprints of HRPCM and ARPCM were established (**Figure 2 and**
226 **Figure 3**). The indicative components in HRPCM and ARPCM were also identified
227 and quantified (**Table 1**). These results met the requirements of Chinese
228 Pharmacopoeia 2020 edition, thereby the following efficacy evaluation and
229 metabolomics can be continued.

230 **3.2 The Effect of HRPCM and ARPCM on SQD rats**

231 The body weight increased gradually in all treatment groups, while decreased
232 gradually in SQD group during drug intervention (**Figure 4A**). After drug intervention,
233 compared with the CON group, the body weight, the rectal temperature, the spleen
234 index, the thymus index, and the levels of GAS and D-xylose in serum significantly
235 decreased (**Figure 4B-G**, $p < 0.01$), but the levels of IL-2, IL-6 and TNF- α in serum
236 significantly increased (**Figure 4H-J**, $p < 0.01$). The effect of HRPCM and ARPCM for
237 SQD rats were evaluated and found that HRPCM treatment and ARPCM treatment
238 reversed effectively the changes of the above indexes (**Figure 4B-J**, $p < 0.01$ or $p < 0.05$).
239 Meanwhile, the pathological analysis indicated that HRPCM treatment and ARPCM
240 treatment relieved pathological injury of spleen in SQD rats (**Figure 4K**). These results
241 demonstrated that HRPCM and ARPCM have the effect to treat the SQD rats.

242 **3.3 Metabolomics analysis**

243 **3.3.1 HRPCM and ARPCM treatments Regulated metabolic profiling of serum** 244 **and spleen in SQD rats.**

245 The ion mode diagrams of the quality control (QC) samples and all samples were
246 showed in **Supplementary Figure S1,2,3**. The retention time and peak intensity were
247 consistent, indicating that mass spectrometry had better signal stability when the same
248 sample was detected at different times. Therefore, the methods were suitable for
249 subsequent sample analyses. **The annotated data of all metabolites were listed in**
250 **Supplementary Table S1**. Principal component analysis (PCA) and orthogonal
251 partial least squares discriminant analysis (OPLS-DA) were used to evaluation the

252 separation effects in serum metabolism (**Figure 5**) and spleen metabolism (**Figure 6**)
253 between CON and SQD, between ARPCM and SQD, and between HRPCM and SQD.
254 OPLS-DA had the excellent separation and 200 response permutation testing were
255 controlled to validate the OPLS-DA models. According to the permutation testing, the
256 abscissal of permutation testing represents the correlation between Y of the
257 randomized group and Y of the original group; the ordinate represents the scores of
258 R² and Q², where the intercept of Q² is greater than 0.05 [16], indicating that these
259 OPLS-DA models did no over-fitting and had good predictive abilities. The above
260 analysis results showed significant differences in serum metabolite and spleen
261 metabolite between CON and SQD, between ARPCM and SQD, and between
262 HRPCM and SQD.

263 **3.3.2 Comparison of the levels of the common differential metabolites in serum** 264 **and spleen amongst groups**

265 To compare the level of change for the common differential metabolites in serum
266 and spleen after model replication and drugs intervention, comparison of the main
267 common differential metabolites was carried out (**Table 2 and Table 3**). There were
268 18 common differential metabolites in serum (**Table 4**) and 16 common differential
269 metabolites in spleen (**Table 5**) were screened respectively amongst CON, SQD,
270 ARPCM and HRPCM. The expression of 9 metabolites (i.e. 10-hydroxydecanoic acid,
271 LPC(18:1), deoxycarnitine, serine, nicotinamide, oxidised glutathione, D-Mannose-6-
272 phosphate, allantoin and glutamine) in the serum and spleen of SQD rats was
273 significantly down-regulated. The expression of 11 metabolites of 10-
274 hydroxydecanoic acid, LPC(18:1), deoxycarnitine, serine, nicotinamide, betaine,
275 glutathione, D-Mannose-6-phosphate, allantoin, hypotaurine and pantothenic acid in
276 the serum and spleen of rats with SQD was significantly down-regulated, whereas the
277 expression of four metabolites of glucose, uric acid, lactic acid and glycine was
278 significantly up-regulated. After ARPCM intervention, the expression of the first 11
279 metabolites was significantly up-regulated, and the expression of the latter 4
280 metabolites was significantly down-regulated. Therefore, the above-mentioned 15
281 metabolites may be important effect metabolites of ARPCM in the intervention of

282 SQD rats. The expression of 7 metabolites (such as N-acetylglycine, glucose, L-
283 phenylalanine, uric acid, lactic acid, L-alanine and D-gluconic acid) was significantly
284 up-regulated. After HRPCM intervention, the expression of the first 9 metabolites was
285 significantly up-regulated, whereas the expression of the latter 7 metabolites was
286 significantly down-regulated. Therefore, we speculated that the 16 above-mentioned
287 metabolites may be important effect metabolites of HRPCM in the intervention of
288 SQD rats.

289 **3.3.3 Screening of Differential Metabolites and Pathways in Serum and Spleen** 290 **between HRPCM and ARPCM for SQD rats**

291 In this study, $VIP > 1$, $FC > 2$ or $FC < 0.5$ and $p < 0.05$ were used as the screening
292 criteria for differential metabolites. Volcano diagrams were used to finish the
293 screening and the top 20 of KEGG enrichment diagrams were used to forecast the
294 metabolic pathway. Heatmaps were used to exhibit the relative expressions of
295 differential metabolites between groups in serum and spleen (**Supplementary Figure**
296 **S4,5**). Metabolic differentials between groups in serum (**Figure 7A-C**) and spleen
297 (**Figure 8A-C**) were obtained by volcano diagrams analysis. The screened metabolic
298 differentials in serum and spleen between CON and SQD were listed in
299 **Supplementary Table S2** and **Supplementary Table S5**, respectively. The screened
300 metabolic differentials in serum and spleen between ARPCM and SQD were listed in
301 **Supplementary Table S3** and **Supplementary Table S6**, respectively. The screened
302 metabolic differentials in serum and spleen between ARPCM and SQD were listed in
303 **Supplementary Table S4** and **Supplementary Table S7**, respectively. The metabolic
304 pathways among these groups were enriched according to these differential
305 metabolites.

306 The metabolic pathways these groups in serum and spleen were showed in
307 **Figure 7D-F** and **Figure 8D-F**, respectively. The significant difference metabolites in
308 serum between SQD and CON mainly involved metabolic pathways including ATP-
309 binding cassette transporter, amino sugar and nucleotide sugar metabolism, mineral
310 absorption, glycine, serine and threonine metabolism and galactose metabolism
311 (**Figure 7D**). The significant difference pathways in spleen between SQD and CON

312 mainly involved metabolic pathways including ATP-binding cassette transporter, bile
313 secretion, amino acid biosynthesis, nucleotide metabolism and lipid metabolism
314 (**Figure 8D**). The significant difference metabolites in serum between ARPCM and
315 SQD mainly involved metabolic pathways including ATP-binding cassette transporter,
316 amino acid biosynthesis, protein digestion and absorption, mineral absorption,
317 aminoacyl-tRNA biosynthesis, glycine, serine and threonine metabolic pathways such
318 as amino acid metabolism and phenylalanine metabolism. The significant difference
319 metabolites in spleen between ARPCM and SQD mainly involved metabolic
320 pathways ATP-binding cassette transporter, pyrimidine metabolism, amino acid
321 biosynthesis, mineral absorption, lipid metabolism and other metabolic pathways. The
322 significant difference metabolites in serum between HRPCM and SQD mainly
323 involved metabolic pathways including ATP-binding cassette transporter, amino sugar
324 and nucleotide sugar metabolism, protein digestion and absorption, mineral
325 absorption, glycine, serine and threonine metabolism, 2-oxocarboxylic acid
326 metabolism and other metabolic pathways (**Figure 7F**). The significantly different
327 metabolites in spleen between HRPCM and SQD mainly involved metabolic
328 pathways including ATP-binding cassette transporter, nucleotide metabolism, amino
329 acid biosynthesis, lipid metabolism, β -alanine metabolism and other pathways
330 (**Figure 8F**). These results showed that there were differences in metabolic pathways
331 between HRPCM and ARPCM after intervention in SQD rats, respectively. The
332 common metabolic pathways in serum between ARPCM and HRPCM for SQD rats
333 were ATP-binding cassette transporter, protein digestion and absorption, mineral
334 absorption, and glycine. The common metabolic pathways in spleen between ARPCM
335 and HRPCM for SQD rats were ATP-binding cassette transporter and mineral
336 absorption.

337 **3.4 Identification of Potential Biomarkers**

338 **3.4.1 Identification of Potential Biomarkers of ARPCM for SQD rats**

339 After ARPCM intervention, a total of 27 differential metabolites in serum and a
340 total of 22 differential metabolites in spleen were screened respectively from ARPCM
341 and SQD (**Supplementary Table S3,6**). The comparison found six repeated different

342 metabolites pathway including lipid metabolism, nucleotide metabolism, amino acid
343 metabolism, sugar metabolism, tricarboxylic acid cycle and other types of metabolism.
344 Forty-three differential metabolites corresponding to these pathways (**Table 4**) may be
345 potential biomarkers for ARPCM to interfere with SQD rats.

346 **3.4.2 Identification of Potential Biomarkers of HRPCM for SQD rats**

347 After HRPCM intervention, a total of 27 differential metabolites in serum and 24
348 differential metabolites in spleen were screened respectively from the HRPCM and
349 SQD (**Supplementary Table S4,7**). The comparison found that 6 repeated different
350 metabolites pathway mainly involved in lipid metabolism, nucleotide metabolism,
351 amino acid metabolism, sugar metabolism, tricarboxylic acid cycle and other types of
352 metabolism. Forty-five differential metabolites corresponding to these pathways
353 (**Table 5**) may be potential biomarkers for HRPCM to interfere with SQD rats.

354 **3.5 Differences of biomarkers between HRPCM and ARPCM for SQD rats**

355 Forty-three potential biomarkers between ARPCM and SQD as well as Forty-five
356 potential biomarkers between HRPCM and SQD were interacted with venn analysis
357 (<http://jvenn.toulouse.inra.fr/app/example.html>). The results of venn analysis showed
358 that nineteen biomarkers were the unique to HRPCM for SQD rats, seventeen
359 biomarkers were the unique to ARPCM for SQD rats, and twenty-six biomarkers were
360 the common between HRPCM and ARPCM for SQD rats (**Figure 9, Table 6**). So far,
361 the differences of biomarkers between HRPCM and ARPCM for SQD rats have been
362 identified.

363 **4 Discussion**

364 In this study, LC-MS/MS was used to identified the chemical components in
365 HRPCM and ARPCM. What's more, the difference of the chemical components was
366 compared between HRPCM and ARPCM (**Table 2**), which, moreover, provided 2
367 differential classes of chemical components including phenols and plyphenols
368 between HRPCM and ARPCM. These differences may be one of the reasons for the
369 difference between HRPCM and ARPCM. Whereafter, HPLC fingerprints of HRPCM
370 and ARPCM were established and the indicative components were determined for

371 quality control. The results of quality control of HRPCM and ARPCM provided a
372 basis for the follow-up study. On the basis of SQD model, the spleen index and
373 thymus index, the contents of D-xylose, GAS, IL-2, IL-6 and TNF- α in serum were
374 used as evaluation indexes. The effects of HRPCM and ARPCM on the SQD rats
375 were evaluated from gastrointestinal function, immune function and inflammation [17,
376 18]. HRPCM and ARPCM not only help to repair the spleen injury of SQD rats, but
377 also improve the gastrointestinal function, immune function and intestinal
378 inflammation of SQD rats. However, HRPCM was better than ARPCM in promoting
379 gastrointestinal function, immune function and anti-intestinal inflammation, which is
380 consistent with the previous study [10, 15].

381 In this study, the differential metabolites from serum and spleen of SQD rats
382 were screened including amino acids, choline, sterols and fatty acids (**Supplementary**
383 **Table S2,5**). They were mainly involved in lipid metabolism, amino acid metabolism,
384 nucleotide metabolism, sugar metabolism and other pathways (**Figure 6D, 7D**).
385 Amongst them, betaine and choline are the raw materials for glycine synthesis [19],
386 whilst N-acetylglycine is the product of glycine synthesis. In SQD group, the
387 expression levels of betaine, choline, phosphocholine and LPC (18:1) were all down-
388 regulated, whilst the expression levels of glycine and N-acetylglycine were up-
389 regulated, indicating abnormal glycine metabolism in SQD rats (**Supplementary**
390 **Table S2,5**). Normal glycine metabolism produces glutathione, creatine and serine
391 through many ways. However, inhibition of glycine metabolism in SQD rats affects
392 the production of glutathione, creatine and serine [20], which indicating that glycine
393 metabolism plays an important role in the pathological formation of SQD syndrome.
394 Glutathione, a tripeptide compound containing sulfhydryl groups, participates in
395 glycometabolism and tricarboxylic acid cycle and promotes the energy production
396 [21]. Creatinine is a metabolite of creatine. The process of creatine metabolism to
397 produce creatinine is accompanied with the production of ATP [22]. D-Gluconic acid
398 is the product of glucose oxidation. Glucose can release more energy through the
399 glycolysis pathway, tricarboxylic acid cycle and biological oxidation. It is the main
400 energy supply substance of the human body. Various intermediate products produced

401 during its metabolism provides precursors for the metabolism of other nutrients [23].
402 Lecithin also plays a very important role in the metabolic process. When the body is
403 in a state of strenuous exercise, lecithin can be used as a substance with information
404 transmission and material transfer functions to provide muscle cells with required
405 nutrients and energy. lecithin is also an important nutrient for the brain nerves, which
406 is conducive to eliminating fatigue [24]. Deoxycarnitine is the precursor of carnitine.
407 As a key substance in lipid metabolism, carnitine transport activates long-chain fatty
408 acids through the inner membrane of mitochondria and is oxidised in the
409 mitochondria for energy supply. Therefore, carnitine is the key substance to improve
410 the maximal exercise level [25]. 2'-Deoxyinosine is the deoxygenated product of
411 inosine. Inosine is a component of ATP, coenzyme A, ribonucleic acid and other
412 important substances in human body. It is the precursor of adenylate and guanylic acid
413 during de novo synthesis of purines, as well as a key substance in the material
414 metabolism and energy metabolism [26]. Pantothenate is the precursor substance for
415 the synthesis of coenzyme A. Coenzyme A is the coenzyme for acetylation of the
416 body and the precursor for the synthesis of acetyl-coenzyme A. Acetyl-coenzyme A is
417 the key substance for the tricarboxylic acid cycle and oxidative phosphorylation. The
418 tricarboxylic acid cycle and oxidative phosphorylation are the key pathways for sugar
419 and lipid metabolism, and also important pathway of ATP production. The expression
420 of glucose and D-gluconic acid in SQD group was up-regulated (**Supplementary**
421 **Table S5**), indicating that SQD rats had abnormally elevated blood sugar and
422 abnormal glucose metabolism. By contrast, the expression levels of glutathione,
423 creatinine, lecithin, deoxycarnitine, 2'-deoxyinosine, inosine, pantothenic acid and
424 coenzyme A were all down-regulated (**Supplementary Table S5**), indicating that
425 creatine metabolism was reduced, energy metabolism was abnormal. After that, the
426 energy supply was insufficient and brain neurotrophic substances were reduced. This
427 may be one of the main causes of fatigue, lethargy, slow response and laziness in SQD
428 rats.

429 10-Hydroxydecanoic acid acts on the tumour suppressor gene p53, directly
430 inactivates the NLRP3 inflammatory pathway, indirectly promotes autophagy and

431 significantly reduces the level of pro-inflammatory mediators to achieve anti-
432 inflammatory effects [27]. Linoleic acid promotes simultaneously the expression of
433 inflammatory factors such as TNF- α and promote the inflammatory response [28].
434 Nicotinamide is a coenzyme component of the energy metabolism. Nicotinamide
435 plays a crucial part in carbohydrate and protein metabolism and lipid synthesis.
436 Moreover, Nicotinamide can block the activation of inflammatory cells by regulating
437 the energy metabolism and inhibit the release of inflammatory factors such as IL-6
438 [29]. D-Mannose-6-phosphate is the phosphorylation product of mannose. Mannose is
439 a monosaccharide that is loaded into cells by a glucose transporter and participates in
440 a variety of sugar metabolism pathways [30]. Mannose has anti-tumour function and
441 the effect of bi-directional regulation of the inflammatory reaction [31]. In SQD
442 group, the expression levels of 10-hydroxydecanoic acid, nicotinamide, mannose and
443 D-Mannose-6-phosphate were all down-regulated, but the expression of linoleic acid
444 was up-regulated (**Supplementary Table S2**), which suggested that the immune
445 function of SQD rats impaired, the expression of inflammatory factors such as TNF- α
446 and IL-6 increased, and the inflammatory reaction occurred. This result was
447 consistent with the the earlier research [15]. Glutamate-conjugated chenodeoxycholic
448 acid is a compound of glutamate and chenodeoxycholic acid. Chenodeoxycholic acid
449 is one of the primary bile acids. Cholic acid is an organic acid with a steroid structure,
450 which can promote fat dissolution. A proper amount of cholic acid helps the function
451 of digestion, whereas excessive cholic acid has a strong damaging effect on tissue
452 mucosa [32, 33]. Glutamate-conjugated chenodeoxycholic acid and cholic acid in
453 SQD group were abnormally increased (**Supplementary Table S2**), indicating
454 abnormal bile acid metabolism in a main reason for the abnormal digestive function.

455 After HRPCM intervention, the metabolite profiling changed significantly.
456 Compared with the SQD rats, forty-five different metabolites were noted in HRPCM
457 group (**Table 5**). Amongst them, both succinic acid and citraconic acid are important
458 intermediates in the tricarboxylic acid cycle. The activity of succinate dehydrogenase
459 in the small intestine tissue of SQD rats is reduced, and inhibits the tricarboxylic acid
460 cycle, thereby leading to the accumulation of succinic acid [34]. Studies have shown

461 that citraconic acid is down-regulated in urine metabolism for the SQD rats [35]. In
462 the present study, the expression of succinic acid in HRPCM group was down-
463 regulated and the expression of citraconic acid was up-regulated (**Supplementary**
464 **Table S4**), indicating that HRPCM contributed to restored the activity of succinate
465 dehydrogenase, promoting the tricarboxylic acid cycle and the energy supplement.

466 Allantoin is produced by purine bases in animals. Allantoin not only has the
467 effect of preventing the occurrence and development of gastric ulcers, but improves
468 oxidative stress and inflammatory damage in kidney tissues [36]. The up-regulated
469 expression of allantoin in HRPCM group (**Supplementary Table S4,7**), indicating
470 that HRPCM promoted the synthesis of allantoin for SQD rats, thereby inhibiting
471 inflammation, preventing gastric ulcer and protecting the spleen and gastrointestinal
472 tract. In HRPCM group, the expression of N-acetylglycine was down-regulated,
473 whilst choline and LPC (18:1) were up-regulated (**Supplementary Table S4,7**),
474 which indicating that HRPCM could improve abnormal glycine metabolism in SQD
475 rats. Studies have shown that threonine helps to alleviate fatigue and promote growth
476 and development; its absence or low levels can lead to growth retardation and low
477 immunity [37]. The expression of threonine in HRPCM group was up-regulated
478 (**Supplementary Table S4,7**), which indicating that HRPCM could regulate the
479 threonine metabolism, enhance the immunity o, thereby relieving fatigue and the
480 symptoms of SQD rats.

481 Phenylalanine is one of the essential amino acids. Phenylalanine metabolism is
482 essential to maintain the normal physiological functions. And, most of phenylalanine
483 are metabolised into tyrosine by phenylalanine hydroxylase [38]. After HRPCM
484 intervention, L-phenylalanine concentration significantly decreased (**Supplementary**
485 **Table S2,6**), indicating that HRPCM could regulate L-phenylalanine metabolism and
486 restore normal physiological functions. Serine is mainly synthesised from 3-
487 phosphoglycerate acid and glutamic acid. A metabolite of serine is ethanolamine.
488 Studies have shown that serine, promotes the fat and fatty acid metabolism and
489 muscle growth, plays an important role in protein synthesis and nucleotide
490 metabolism [39]. The expression of serine was down-regulated in SQD group, whilst

491 the expression levels of L-glutamate, serine and phosphatidylethan olamine 17 were
492 up-regulated in HRPCM (**Supplementary Table S2,6**). Hence, serine metabolism
493 was abnormal in SQD rats, whereas HRPCM could regulate serine metabolism
494 effectively.

495 Glutamine can be synthesised by glutamate, valine and isoleucine. It is important
496 to maintain the homeostasis [40]. Glutamine can reduce the intestinal inflammatory
497 response [41] by reducing the permeability of the intestinal mucosa [42] and
498 enhancing the intestinal immune function [43]. It has protective and reparative effects
499 on gastrointestinal mucosal damage [44]. The expression of glutamine in HRPCM
500 group was up-regulated compared with the SQD group (**Supplementary Table S2,6**),
501 which indicated that ARPCM could promote the synthesis of glutamine in SQD rats,
502 enhance the functions of immune, reduce the inflammatory reaction of the
503 gastrointestinal tract, and repair gastrointestinal mucosa injury.

504 Lactate is produced in the cytoplasm and transported into mitochondria. Lactate
505 is reconverted to pyruvate in the mitochondria by mitochondrial lactate
506 dehydrogenase, which then oxidize to acetyl-coa in response to pyruvate
507 dehydrogenase and enters the tricarboxylic acid cycle [45]. A Study have shown that
508 fatigue may occur when the body's lactic acid is abnormally elevated [46]. The
509 contents of pyruvate acid and lactic acid significantly increased, and the content of
510 coenzyme A significantly decreased in SQD group, which indicated that the activity
511 of pyruvate dehydrogenase in SQD rats may be inhibited and the metabolism of
512 pyruvate was abnormal. The content of lactic acid in ARPCM was significantly
513 reduced (**Supplementary Table S2,3,5,6**), suggesting that ARPCM may help activate
514 pyruvate dehydrogenase activity, promote pyruvate metabolism and regulate the
515 pyruvate and lactic acid metabolism balance. This may be the reason why ARPCM
516 relieves fatigue caused by excessive lactic acid for SQD rats.

517 Uric acid is a product of purine metabolism. In mammals, uric acid is oxidised to
518 allantoin by uric acid enzyme and excreted together with urea. Abnormally elevated
519 uric acid in body can lead to hyperuricemia and cause gouty arthritis, gouty
520 nephropathy and other diseases [47]. The intestinal flora can affect the expression of

521 inflammatory factors in the intestinal mucosal immune response, participate in the
522 immune response and promote the excretion of uric acid [48] The overexpression of
523 uric acid and the underexpression of xanthine and allantoin in SQD rats indicated that
524 the purine metabolism and urase activity may be inhibited in SQD rats. After ARPCM
525 intervention, the expression of uric acid was down-regulated while allantoin was up-
526 regulated, which suggested that ARPCM could regulate the metabolic disorder of
527 purine, help to uricase activity and promote the decomposition of uric acid to produce
528 allantoin. Allantoin can prevent the occurrence and development of gastric ulcer,
529 improve oxidative stress, and inhibit inflammatory injury in renal tissue, which may
530 be one of the mechanisms by which ARPCM improved the immune function and
531 reduced the inflammatory reaction for SQD rats.

532 Glycine expression was down-regulated in ARPCM, whereas serine, L-glutamic
533 acid, threonine, betaine, phosphocholine, sn-Glycero-3-phosphocholine, LPC (16:0)
534 and LPC (18:1) were all up-regulated (**Supplementary Table S3,6**). These results
535 indicated that ARPCM regulates effectively the disorder of glycine synthesis,
536 promotes the metabolism of glycine, and restores the physiological functions.
537 Tryptophan is a functionally essential amino acid, which is essential for animals to
538 maintain normal food intake, growth, immunity and other physiological functions. It
539 has the effects of promoting the growth and development and improving immunity
540 [49]. Studies have shown that a lack of tryptophan leads to a series of problems in
541 animals such as decreased food intake, reduced body mass and neurological
542 dysfunction [50].

543 Amino acids in animals are derived from the synthesis and ingestion of the
544 intestinal microflora, which regulates the tryptophan metabolic pathway. Amino acids
545 in animals are derived from the synthesis of the intestinal flora and the food. The
546 intestinal flora is an important microbial group that regulates the tryptophan
547 metabolism pathway [51]. The down-regulation of tryptophan expression in SQD rats
548 indicated that the gut microbiota homeostasis was destroyed and the synthesis of
549 tryptophan was reduced. This may be one of the important reasons for the loss of
550 body weight in SQD rats. The expression of tryptophan in ARPCM group was up-

551 regulated (**Supplementary Table S3**), which indicated that ARPCM restores
552 tryptophan synthesis by regulating the gut microbiota homeostasis and restoring the
553 food intake of SQD rats, thereby increasing the body weight.

554 In summary, the metabolite profiles of serum and spleen in SQD rats changed
555 significantly, mainly involving lipid metabolism, energy metabolism, amino acid
556 metabolism, nucleotide metabolism, sugar metabolism and other types of metabolism.
557 Abnormal glycine synthesis occurred in SQD rats. Moreover, the production of
558 glutathione, creatine and serine was blocked and the tricarboxylic acid cycle and
559 glucose metabolism were abnormal, resulting in energy metabolism disorder and
560 insufficient energy supply. Abnormal nucleotide metabolism and lipid metabolism led
561 to decreased synthesis of anti-inflammatory substances, increased expression of pro-
562 inflammatory substances, weakened immune function and aggravation of
563 inflammatory reactions. The metabolism of bile acids is abnormal, the homeostasis of
564 the intestinal flora may be destroyed and the synthesis of amino acids such as
565 tryptophan may be hindered, resulting in weakened gastrointestinal digestion and
566 absorption function. HRPCM and ARPCM have the ability to regulate the above-
567 mentioned metabolic dysfunction in SQD rats, thereby treating the SQD syndrome.
568 After HRPCM and ARPCM intervened for SQD rats, the expression trends of serum
569 and spleen metabolites in HRPCM and ARPCM rats were partly the same. The
570 intervention mechanisms of HRPCM and ARPCM were similar but some differences
571 were noted. The differences were mainly in the synthesis of L-glutamine in amino
572 acid metabolism.

573 **5 Conclusion**

574 There are similarities and differences in chemical composition and metabolic
575 profiling between HRPCM and ARPCM for SQD rats. The metabolic profiling with
576 lipid metabolism, amino acid metabolism, nucleotide metabolism, carbohydrate
577 metabolism and energy metabolism changes significantly in SQD rats. HRPCM and
578 ARPCM regulates the expression of metabolites in SQD rats and the above metabolic
579 pathways for SQD rats. However, there were differences in the partial mechanisms
580 like the synthesis of L-glutamine in amino acid metabolism between HRPCM and

581 ARPCM in regulating metabolism.

582 **Conflicts of interest**

583 No conflicts of interest exist in this manuscript.

584 **Author Contributions**

585 Yuefeng Li conceived and designed the study. Yuefeng Li and Yugui Zhang
586 finished the original manuscript. Jiangtao Niu and Yugui Zhang rearranged the
587 manuscript and finished the revision. Yugui Zhang and Rui Cao took part in the data
588 processing. Yugui Zhang, Tiantian Bian, Zhe Wang, Dingcai Ma, and Maomao Wang
589 performed the experiments. Yuefeng Li and Xingke Yan funded this study. All authors
590 read and approved the manuscript for publication.

591 **Acknowledgement**

592 This study was supported by the National Natural Science Foundation of China
593 (No. 81960713 and 82160750), Gansu Provincial Education Department Industrial
594 Support Plan Project (2021CYZC-21) and the Gansu Provincial Department of
595 Science and Technology-Science and Technology Plan (Innovation Base and Talent
596 Plan) Basic Research Innovation Group Project (21JR7RA569).

597 **References**

- 598 [1] J. Liu, X. Hu, Q. Yang, Z. Yu, Z. Zhao, T. Yi, H. Chen, Comparison of the immunoregulatory
599 function of different constituents in radix astragali and radix hedysari, *J. Biomed. Biotechnol.* 2010
600 (2010) 479426.
- 601 [2] J. Zhao, Q.T. Yu, P. Li, P. Zhou, Y.J. Zhang, W. Wang, Determination of nine active components in
602 Radix Hedysari and Radix Astragali using capillary HPLC with diode array detection and MS detection,
603 *J. Sep. Sci.* 31(2) (2008) 255-61.
- 604 [3] W.L. Zhang, R.C. Choi, J.Y. Zhan, J.P. Chen, W.K. Luk, P. Yao, T.T. Dong, K.W. Tsim, Can
605 Hedysari Radix replace Astragali Radix in Danggui Buxue Tang, a Chinese herbal decoction for
606 woman aliment?, *Phytomedicine* 20(12) (2013) 1076-81.
- 607 [4] E.C.o.C. Pharmacopoeia, Pharmacopoeia of the People's republic of china, 11 ed, in: China
608 Medical Science and Technology Press (Ed.) China Medical Science and Technology Press,, Beijing,
609 2020, pp. P.158-159+316.
- 610 [5] S.J. Zhang, Quality evaluation of astragali radix praeparata Cum melle and hedysari radix
611 praeparata Cu Melle based on quality markers of traditional Chinese medicine control research, Gansu
612 Province, China: Gansu University of Chinese Medicine., Lanzhou City, 2021.
- 613 [6] T.T. Zhao, K. Pei, Z.H. Yu, G. Cao, H.F. Li, X.P. Kong, S.S. Zhang, L. Sun, Y.J. Liu, H. Cai,
614 Research on differences between saccharides ingredients and other chemical components of Astragali
615 Radix and honey-processed Astragali Radix, *Chinese Traditional and Herbal Drugs* 54(5) (2023) 1586-
616 1596.

- 617 [7] J. Wu, C. Li, L. Bai, J. Wu, R. Bo, M. Ye, L. Huang, H. Chen, W. Rui, Structural differences of
618 polysaccharides from Astragalus before and after honey processing and their effects on colitis mice, *Int*
619 *J Biol Macromol* 182 (2021) 815-824.
- 620 [8] L.W. P., Study on the pharmacodynamics of characteristic components of honey-processed
621 astragalus based on metabolomics, Guangdong Pharmaceutical University, Guangdong Pharmaceutical
622 University, Guangzhou, 2018.
- 623 [9] J.T. Niu, R. Cao, X.L. Si, E.D. Xin, Y. Zhang, G., S.J. Zhang, Y.F. Li, Research progress on immune
624 regulation and antioxidation of Hongqi(Hedysari Radix) and Huangqi(Astragali Radix), *Chin. Arch.*
625 *Tradit. Chin. Med.* 39(04) (2021) 21-23.
- 626 [10] Y. Zhang, J. Niu, S. Zhang, X. Si, T.T. Bian, H. Wu, D. Li, Y. Sun, J. Jia, E. Xin, X. Yan, Y. Li,
627 Comparative study on the gastrointestinal- and immune- regulation functions of Hedysari Radix
628 Praeparata Cum Melle and Astragali Radix Praeparata cum Melle in rats with spleen-qi deficiency,
629 based on fuzzy matter-element analysis, *Pharm. Biol.* 60(1) (2022) 1237-1254.
- 630 [11] M. Wang, L. Chen, D. Liu, H. Chen, D.D. Tang, Y.Y. Zhao, Metabolomics highlights
631 pharmacological bioactivity and biochemical mechanism of traditional Chinese medicine, *Chem Biol*
632 *Interact* 273 (2017) 133-141.
- 633 [12] P. Wang, Q. Wang, B. Yang, S. Zhao, H. Kuang, The Progress of Metabolomics Study in
634 Traditional Chinese Medicine Research, *Am J Chin Med* 43(7) (2015) 1281-310.
- 635 [13] Z.T. Li, F.X. Zhang, C.L. Fan, M.N. Ye, W.W. Chen, Z.H. Yao, X.S. Yao, Y. Dai, Discovery of
636 potential Q-marker of traditional Chinese medicine based on plant metabolomics and network
637 pharmacology: Periplocae Cortex as an example, *Phytomedicine* 85 (2021) 153535.
- 638 [14] S.J. Zhong, L. Li, S.Y. Hu, M. Yang, G. Fang, Q. Zhang, X.J. Xiong, Z.X. Hu, Thoughts on the
639 Establishment of TCM Etiological Syndrome Model, *J. Basic Chin. Med.* v.28;No.306(02) (2022) 310-
640 314.
- 641 [15] J.T. Niu, R. Cao, X.L. Si, T.T. Bian, E.D. Xin, Y.F. Li, X.K. Yan, Material Basis of the Difference
642 between Hedysari Radix and Honey-Processed Hedysari Radix in Buzhong Yiqi, *Evid. Based*
643 *Complement Alternat Med.* 2020 (2020) 4543761.
- 644 [16] W.B. Shi, Z.X. Wang, H.B. Liu, Y.J. Jia, Y.P. Wang, X. Xu, Y. Zhang, X.D. Qi, F.D. Hu, Study on
645 the mechanism of Fufang E'jiao Jiang on precancerous lesions of gastric cancer based on network
646 pharmacology and metabolomics, *J Ethnopharmacol* 304 (2023) 116030.
- 647 [17] N. Wang, X. Huang, T. Li, M. Wang, H. Yue, C. Chen, S. Liu, Application of RRLC-QTOF-MS-
648 based metabonomics and UPE for investigating Spleen-Qi deficiency syndrome with Panax ginseng
649 treatment, *J. Ethnopharmacol* 256 (2020) 112822.
- 650 [18] X.F. Zheng, J.S. Tian, P. Liu, J. Xing, X.M. Qin, Analysis of the restorative effect of Bu-zhong-yi-
651 qi-tang in the spleen-qi deficiency rat model using (1)H-NMR-based metabonomics, *J.*
652 *Ethnopharmacol* 151(2) (2014) 912-20.
- 653 [19] B.X. Zhang, X.J. Qi, Q. Cai, Metabolomic study of raw and bran-fried *Atractylodis Rhizoma* on
654 rats with spleen deficiency, *J. Pharm. Biomed. Anal.* 182 (2020) 112927.
- 655 [20] W.P. Liu, C. LI, Y., J. Huang, J.Z. Liao, W.J. Ma, H.Y. Chen, R. W., Identification of biomarkers in
656 urine of rats with spleen Qi deficiency and biological significance, *China J. Chin. Mater. Med.* 42(24)
657 (2017) 4855-4863.
- 658 [21] H.J. Forman, H. Zhang, A. Rinna, Glutathione: Overview of its protective roles, measurement, and
659 biosynthesis *Mol. Aspects Med.* 30(1) (2008) 1-12.

660 [22] A. Scope, I. Schwendenwein, G. Stancelova, A. Vobornik, G. Schaubberger, Exogenous creatinine
661 clearance indexed to body surface area allows estimation of GFR and across species comparison, *Res.*
662 *Vet. Sci.* 135 (2021) 36-41.

663 [23] L.M.d.S. Cordeiro, A. Elsheikh, N. Devisetty, D.A. Morgan, S.N. Ebert, K. Rahmouni, K.H.
664 Chhabra, Hypothalamic MC4R regulates glucose homeostasis through adrenaline-mediated control of
665 glucose reabsorption via renal GLUT2 in mice. *%J Diabetologia, Diabetologia* 64(1) (2020).

666 [24] N.V. V, P. Samorn, K. Sajeera, K. Pakanit, Effects of egg yolk and soybean lecithin on sperm
667 quality determined by computer-assisted sperm analysis and confocal laser scanning microscope in
668 chilled canine sperm, *Vet. Med. Sci.* 5(3) (2019).

669 [25] M. Zhao, L. Zhao, X. Xiong, Y. He, W. Huang, Z. Liu, L. Ji, B. Pan, X. Guo, L. Wang, S. Cheng,
670 M. Xu, H. Yang, Y. Yin, M.T. Garcia-Barrio, Y.E. Chen, X. Meng, L. Zheng, TMAVA, a Metabolite of
671 Intestinal Microbes, Is Increased in Plasma From Patients With Liver Steatosis, Inhibits gamma-
672 Butyrobetaine Hydroxylase, and Exacerbates Fatty Liver in Mice, *Gastroenterology* 158(8) (2020)
673 2266-2281 e27.

674 [26] M. Ján, H. Michal, 2-Substituted 2'-deoxyinosine 5'-triphosphates as substrates for polymerase
675 synthesis of minor-groove-modified DNA and effects on restriction endonuclease cleavage, *Org.*
676 *Biomol. Chem.* 18(2) (2020).

677 [27] M. You, Z. Miao, O. Sienkiewicz, X. Jiang, X. Zhao, F. Hu, 10-Hydroxydecanoic acid inhibits
678 LPS-induced inflammation by targeting p53 in microglial cells, *Int. Immunopharmacol.* 84(C) (2020).

679 [28] A. Tanzeela, B. Aaron, W. Justyna, A.A. Mahmood, S. Viktor, C. Lena, B.J. W., L. Christian, Y.
680 Daniela, L. Andreas, Expression of the Metalloproteinase ADAM8 Is Upregulated in Liver
681 Inflammation Models and Enhances Cytokine Release, *Mediators Inflammation* 2021 (2021) 6665028.

682 [29] F. Yin, H. Sancheti, I. Patil, E. Cadenas, Energy metabolism and inflammation in brain aging and
683 Alzheimer's disease, *Free Radic Biol. Med.* 100 (2016) 108-122.

684 [30] X. Ke, C. Y., W. C., Yi Y. Y, Delivery of NF- κ B shRNA using carbamate-mannose modified PEI
685 for eliminating cancer stem cells, *Nanomedicine* 14(2) (2018).

686 [31] W.Y. Y., X.S. L., H. B., Mannose shows antitumour properties against lung cancer via inhibiting
687 proliferation, promoting cisplatin-mediated apoptosis and reducing metastasis, *Mol. Med. Rep.* 22(4)
688 (2020).

689 [32] O. Le Bacquer, C. Laboisse, D. Darmaun, Glutamine preserves protein synthesis and paracellular
690 permeability in Caco-2 cells submitted to "luminal fasting", *Am. J. Physiol.: Gastrointest. Liver Physiol.*
691 285(1) (2003) G128-36.

692 [33] V. Cruzat, M. Macedo Rogero, K. Noel Keane, R. Curi, P. Newsholme, Glutamine: Metabolism
693 and Immune Function, Supplementation and Clinical Translation, *Nutrients* 10(11) (2018).

694 [34] L. X., C. H., L.Y. N., The clinical efficacy and safety of atropine combined with omeprazole in the
695 treatment of patients with acute gastritis: a systematic review and meta-analysis, *Annals palliat. med.*
696 10(9) (2021).

697 [35] L.C. Luo, J. H., Y.Y. Wang, X.J. Zhang, X.Q. Yin, B.Y. Lu, Y. Li, H.H. Zheng, Z.Y. Xie, Q.F. Liao,
698 1H-NMR-based metabonomics study on urine of rat with Spleen-Qi deficiency pattern, *Chin.*
699 *Pharmacol. Bull.* 33(10) (2017) 1363-1370.

700 [36] Y. Yang, Y. Sun, C. Zhu, X. Shen, J. Sun, T. Jing, S. Jun, C. Wang, G. Yu, X. Dong, M. Sheng, Z.
701 Tang, Allantoin induces pruritus by activating MrgprD in chronic kidney disease, *J. Cell Physiol.*
702 (2023).

703 [37] R.D. Li, G.Y. Li, K.Y. Wang, Research advances on biological function of threonine for animal,
704 Feed Ind. 38(08) (2017) 36-39.

705 [38] R.G. Chu, L. Wu, Y. Lai, Y. Xia, F.F. Gong, S.F. Yu, H.S. Yang, Gastric-harmonizing
706 metabolomics to cansha in rats with shi zhu zhong jiao syndrome based upon metabolomics, Chin. J.
707 Hosp. Pharm. 41(06) (2021) 559-566.

708 [39] L.Q. He, S.S. Jin, X.H. Zhou, T.J. Li, Y.L. Yin, Research progress on the effects of serine on
709 animal health, Chin. J. Anim. Nutr. 32(10) (2020) 4480-4490.

710 [40] Y.M. Kuang, J.R. Zhang, X.L. He, Determination of glutamine content in glutamine capsules by
711 high performance liquid chromatography tandem mass spectrometry, China Cont. Med. 28(02) (2021)
712 18-21.

713 [41] L.B. O., L. C., D. D., Glutamine preserves protein synthesis and paracellular permeability in Caco-
714 2 cells submitted to "luminal fasting"., Am. J. Physiol.: Gastrointest. Liver Physiol. 285(1) (2003).

715 [42] G.A. X., Y.L. G., W.J. J., L.J. P., S.A. S., Protective effect of glutamine and alanyl-glutamine
716 against zearalenone-induced intestinal epithelial barrier dysfunction in IPEC-J2 cells, Res. Vet. Sci.
717 137(prepublish) (2021).

718 [43] M. Coëffier, R. Marion, P. Ducrotté, P. Déchelotte, Modulating effect of glutamine on IL-1 β -
719 induced cytokine production by human gut, Clin. Nutr. 22(4) (2003).

720 [44] J. Liu, H.X. Li, Q.P. Huang, D.Y. Zeng, Y.J. lu, Determination of glutamine in foods for special
721 medical purpose jichang by HPLC, Food Eng. 157(04) (2020) 52-54.

722 [45] B. Hu, J., L.L. Bao, X.M. Deng, H.W. Duan, Relevant research progress of lactic acidosis, China
723 Med. Her. 15(03) (2018) 22-25.

724 [46] H.P. P., Diana., C.S. T., C. F., M.J. S., I.T.d. A., P. L., I. R., J.B. V., Structural and functional impact
725 of clinically relevant E1 α variants causing pyruvate dehydrogenase complex deficiency Biochimie
726 183(prepublish) (2021).

727 [47] F.H. Zhong, T.J.C. Pi, Q. Zhong, Y.P. Cao, Z.Q. Liu, Research progress of the effect of traditional
728 Chinese medicine on intestinal flora of patients with hyperuricemia, Shaanxi J. Tradit. Chin. Med.
729 42(02) (2021) 265-268.

730 [48] T.J. Shao, H.C. Li, Z.J. Xie, X.M. Niu, C.P. Wen, Relationship between the syndrome of water
731 retention due to spleen deficiency and intestinal flora based on the theory of spleen governing
732 transportation and transformation, Chin. J. Trad. Chin. Med. 29(12) (2014) 3762-3765.

733 [49] S.A. Çevikkalp, G.B. Löker, M. Yaman, B. Amoutzopoulos, A simplified HPLC method for
734 determination of tryptophan in some cereals and legumes, Food Chem. 193 (2016).

735 [50] J. Song, L.F. Wang, Y.P. Yao, P. Shi, S.F. Zhang, H.C. Zhong, C.Y. Guo, A Simplified Hplc Method
736 for Determination of Tryptophan in Some Cereals and Legumes, Anim. Husb. Feed Sci. 42(01) (2021)
737 45-50.

738 [51] S. Zheng, F., Y.Y. Wu, S.L. Zhong, Research status of the tryptophan metabolism pathway of
739 coronary heart diseasebased on gut microbiota, Chin. J. Clin. Pharmacol. Ther. 36(20) (2020) 3362-
740 3366.

741

742 **Tables**743 **Table 1 The results of indicative components in HRPCM and ARPCM (n=10, $\bar{x} \pm s$)**

Components ($\mu\text{g}\cdot\text{g}^{-1}$)	HRPCM	ARPCM
Calycosin-7-O-beta-D-glucoside	52.65±1.14	246.97±2.04
Ononin	91.15±2.21	55.55±0.50
Calycosin	79.95±1.13	136.99±3.55
Formononetin	145.42±2.35	31.67±0.77
Astragaloside IV	-	1297.60±9.03

744 **Table 2 Changes in levels of the common differential metabolites in serum amongst groups**

Differential metabolites	SQD vs CON	HRPCM vs SQD	ARPCM vs SQD
Glucose	Up	Down	Down
10-Hydroxydecanoic acid	Down	Up	Up
Deoxycarnitine	Down	Up	Up
LPC 18:1	Down	Up	Up
Serine	Down	Up	Up
Nicotinamide	Down	Up	--
N-Acetylglycine	Up	Down	--
Betaine	Down	--	Up
L-Phenylalanine	Up	Down	--
Deoxyuridine	--	Up	Up
FA 12:1	--	Up	Up
FA 18:3	--	Up	Up
N-Acetylhistidine	--	Up	Up
sn-Glycero-3-phosphocholine	--	Up	Up
Threonine	--	Up	Up
Allantoin	--	Up	Up
Succinic acid	--	Down	Down
Tryptophan	--	Up	Up

745

746 **Table 3 Changes in levels of the common differential metabolites in spleen amongst groups**

Differential metabolites	SQD vs CON	HRPCM vs SQD	ARPCM vs SQD
Oxidized glutathione	Down	Up	Up
Allantoin	Down	Up	Up
D-Mannose-6-phosphate	Down	Up	Up
Serine	Down	Up	Up
Uric acid	Up	Down	Down
Lactic acid	Up	Down	Down
Glutamine	Down	Up	--
L-alanine	Up	Down	--

D-Gluconic acid	Up	Down	--
Hypotaurine	Down	--	Up
Pantothenate	Down	--	Up
Deoxycarnitine	Down	--	Up
Glycine	Up	--	Down
Betaine	--	Up	Up
2'-Deoxycytidine	--	Up	Up
Phosphocholine	--	Up	Up

747

748

Table 4 Potential biomarkers of ARPCM intervention for SQD rats

Related metabolic pathways	Differential metabolites	ARPCM vs SQD
Fat metabolism	10-Hydroxydecanoic acid	Up
	Deoxycarnitine	Up
	FA 12:1	Up
	FA 18:3	Up
	LPC 16:0	Up
	LPC 18:1	Up
	Palmitoylcarnitine	Up
	Propionylcarnitine	Up
	sn-Glycero-3-phosphocholine	Up
	Hypotaurine	Up
	Phosphocholine	Up
	sn-Glycerol 3-phosphate	Up
	O-Phosphoethanolamine	Up
Lactic acid	Down	
Nucleotide Metabolism	5-Hydroxymethylcytidine	Up
	Deoxyuridine	Up
	2'-Deoxycytidine	Up
	5-Methylcytosine	Up
	Uric acid	Down
Amino acid metabolism	Glycine	Down
	4-aminovaleric acid betaine	Up
	Betaine	Up
	L-Glutamic acid	Up
	Serine	Up
	Threonine	Up
	N-Acetylhistidine	Down
	N-acetylneuraminic acid	Down
	L-5-Oxoproline	Down
	Tryptophan	Up
Tyr	Down	
L-asparagine	Down	
Glucose metabolism	D-fructose	Up
	Glucose	Down

	D-Mannose-6-phosphate	Up
	Mannose	Up
	N-Acetylglucosamine	Down
Tricarboxylic acid cycle	Succinic acid	Down
	Nicotinamide	Up
	Allantoin	Up
Other metabolism	Hippurate	Down
	Pantothenate	Down
	Riboflavin	Up
	Oxidized glutathione	Up

749

Table 5 Potential biomarkers of HRPCM intervention for SQD rats

Related metabolic pathways	Differential metabolites	HRPCM vs SQD
	10-Hydroxydecanoic acid	Up
	16-Hydroxyhexadecanoic acid	Up
	Choline	Up
	Acetylcarnitine	Up
	Deoxycarnitine	Up
	FA 12:1	Up
	FA 18:3	Up
Fat metabolism	LPC 18:1	Up
	sn-Glycero-3-phosphocholine	Up
	Trans-Vaccenic acid	Up
	Phosphatidylethanolamine 17	Up
	Phosphocholine	Up
	sn-Glycerol 3-phosphate	Up
	Lactic acid	Down
	Uric acid	Down
	5-Hydroxymethylcytidine	Up
	Deoxyuridine	Up
Nucleotide Metabolism	2'-O-Methylinosine	Up
	Cytosine	Up
	Xanthosine	Down
	2'-Deoxyinosine	Down
	L-alanine	Down
	Glutamine	Up
	Glycine	Down
	L-Phenylalanine	Down
Amino acid metabolism	N-acetylglycine	Down
	D-ornithine	Down
	L-Norvaline	Down
	L-Glutamic acid	Up
	N-Acetylhistidine	Up
	Serine	Up

	Threonine	Up
	Pyroglutamic acid	Down
	N-acetylneuraminate	Down
	Tryptophan	Up
	Betaine	Up
Tricarboxylic acid cycle	Succinic acid	Down
	Citraconic acid	Up
Glucose metabolism	Glucose	Down
	D-Gluconic acid	Down
	D-Mannose-6-phosphate	Up
Other metabolism	Nicotinamide	Up
	Allantoin	Up
	glutathione	Up
	Hippurate	Down

750 **Table 6 Comparison of potential biomarkers in HRPCM and ARPCM for SQD rats.**

No.	Metabolites	Detection results		No.	Metabolites	Detection results	
		HRPCM	ARPCM			HRPCM	ARPCM
1	16-Hydroxyhexadecanoic acid	Yes	No	32	Mannose	No	Yes
2	Choline	Yes	No	33	N-Acetylglucosamine	No	Yes
3	Acetylcarnitine	Yes	No	34	Pantothenate	No	Yes
4	Trans-Vaccenic acid	Yes	No	35	Riboflavin	No	Yes
5	Phosphatidylethanolamine 17	Yes	No	36	Oxidized glutathione	No	Yes
6	2'-O-Methylinosine	Yes	No	37	10-Hydroxydecanoic acid	Yes	Yes
7	Cytosine	Yes	No	38	Deoxycarnitine	Yes	Yes
8	Xanthosine	Yes	No	39	FA 12:1	Yes	Yes
9	2'-Deoxyinosine	Yes	No	40	FA 18:3	Yes	Yes
10	L-alanine	Yes	No	41	LPC 18:1	Yes	Yes
11	Glutamine	Yes	No	42	sn-Glycero-3-phosphocholine	Yes	Yes
12	L-Phenylalanine	Yes	No	43	Phosphocholine	Yes	Yes
13	N-acetyl glycine	Yes	No	44	sn-Glycerol 3-phosphate	Yes	Yes
14	D-ornithine	Yes	No	45	Lactic acid	Yes	Yes
15	L-Norvaline	Yes	No	46	Uric acid	Yes	Yes
16	Pyroglutamic acid	Yes	No	47	5-Hydroxymethylecytidine	Yes	Yes
17	Citraconic acid	Yes	No	48	Deoxyuridine	Yes	Yes
18	D-Gluconic acid	Yes	No	49	Glycine	Yes	Yes
19	glutathione	Yes	No	50	L-Glutamic acid	Yes	Yes
20	LPC 16:0	No	Yes	51	N-Acetylhistidine	Yes	Yes
21	Palmitoylcarnitine	No	Yes	52	Serine	Yes	Yes
22	Propionylcarnitine	No	Yes	53	Threonine	Yes	Yes
23	Hypotaurine	No	Yes	54	N-acetylneuraminate	Yes	Yes
24	O-Phosphoethanolamine	No	Yes	55	Tryptophan	Yes	Yes
25	2'-Deoxycytidine	No	Yes	56	Betaine	Yes	Yes

26	5-Methylcytosine	No	Yes	57	Succinic acid	Yes	Yes
27	4-aminovaleric acid betaine	No	Yes	58	Glucose	Yes	Yes
28	L-5-Oxoproline	No	Yes	59	D-Mannose-6-phosphate	Yes	Yes
29	Tyr	No	Yes	60	Nicotinamide	Yes	Yes
30	L-asparagine	No	Yes	61	Allantoin	Yes	Yes
31	D-fructose	No	Yes	62	Hippurate	Yes	Yes

751

752 Tables

753 **Figure 1 Overview of the experimental protocol.**

754

755 **Figure 2 HPLC fingerprint of HRPCM. (A)** Mixed reference. **(B)** HPLC fingerprint.
756 Peak 15, 17, 18 and 19 are Calycosin-7-O-beta-D-glucoside, ononin, calycosin and
757 formononetin, respectively.

758

759 **Figure 3 HPLC fingerprint of ARPCM. (A)** Mixed reference in HPLC-UV. **(B)**
760 HPLC fingerprint HPLC-UV. **(C)** Mixed reference in HPLC-ELSDA. **(D)** HPLC
761 fingerprint HPLC-ELSDA. Peak 2, 5, 6, 7 and 13 are Calycosin-7-O-beta-D-glucoside,
762 ononin, calycosin, formononetin and Astragaloside IV, respectively.

763

764 **Figure 4 The Effects of HRPCM and ARPCM on SQD rats. (A)** Weight change
765 during drugs treatment. **(B)** Body weight, **(C)** rectal temperature, **(D)** spleen index, **(E)**
766 thymus index, and the levels of **(F)** GAS, **(G)** D-xylose, **(H)** IL-2, **(I)** IL-6 and **(J)**
767 TNF- α in serum after drugs administration. **(K)** Pathological observations of spleen.
768 The values are presented as mean \pm standard deviation (SD). Compared with the sqd
769 group, * $p < 0.05$, ** $p < 0.01$.

770

771 **Figure 5 Multivariate statistical analysis of metabolomics in serum. (A)** CON vs
772 SQD. **(B)** ARPCM vs SQD. **(C)** HRPCM vs SQD. PCA is shown on the left, OPLS-
773 DA in the middle, and validation of the OPLS-DA model is shown on the right.

774

775 **Figure 6 Multivariate statistical analysis of metabolomics in spleen. (A)** CON vs
776 SQD. **(B)** ARPCM vs SQD. **(C)** HRPCM vs SQD. PCA is shown on the left, OPLS-
777 DA in the middle, and validation of the OPLS-DA model is shown on the right.

778

779 **Figure 7** Differential metabolite analysis and KEGG pathway enrichment of
780 metabolomics in serum. (A, D) CON vs SQD. (B, E) ARPCM vs SQD. (C, F)

781 HRPCM vs SQD. The volcano diagram is shown on the left and the top 20 of KEGG
782 enrichment diagram is shown on the right.

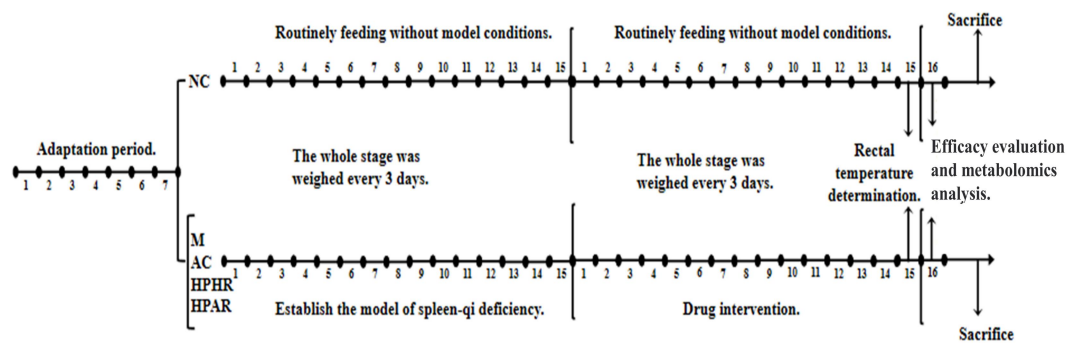
783

784 **Figure 8** Differential metabolite analysis and KEGG pathway enrichment of
785 metabolomics in spleen. (A, D) CON vs SQD. (B, E) ARPCM vs SQD. (C, F)
786 HRPCM vs SQD. The volcano diagram is shown on the left and the KEGG
787 enrichment diagram is shown on the right.

788

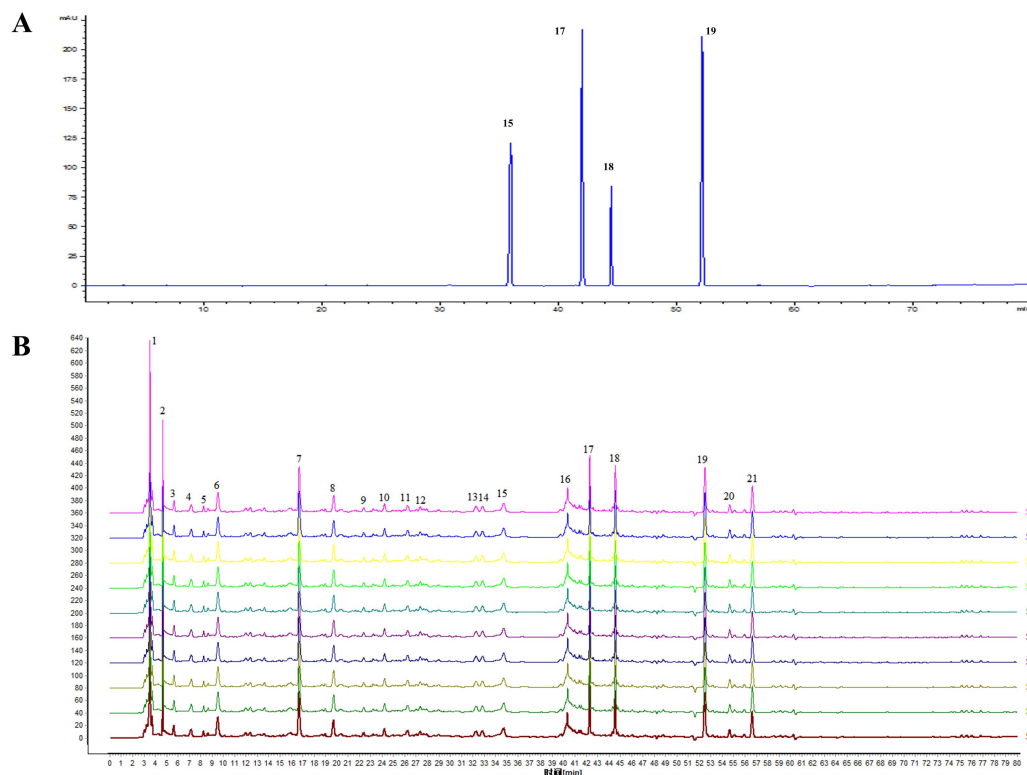
789 **Fig. 9** Venn analysis of biomarkers differences between HRPCM and ARPCM
790 for SQD rats.

791



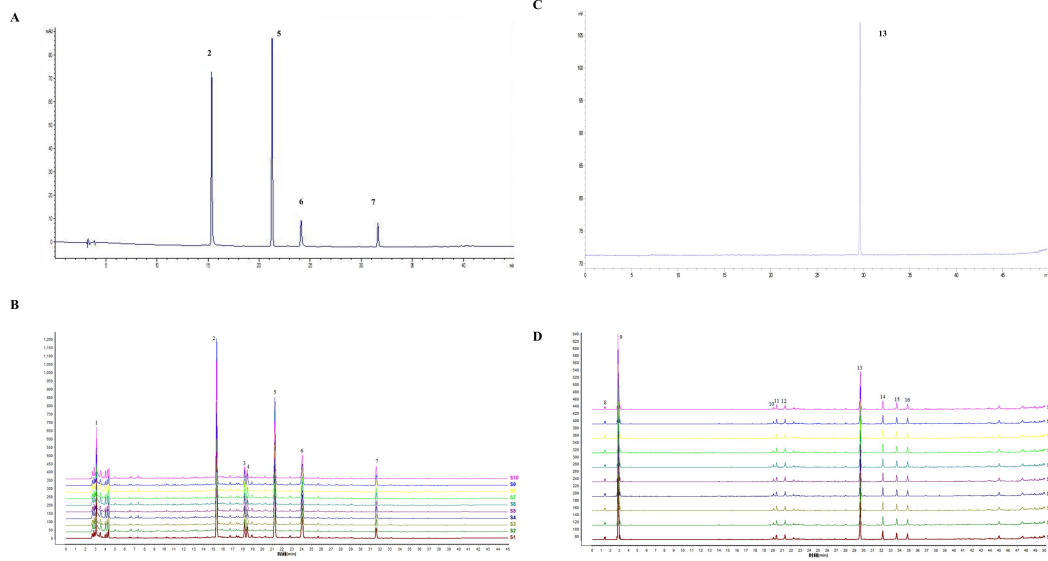
792

793



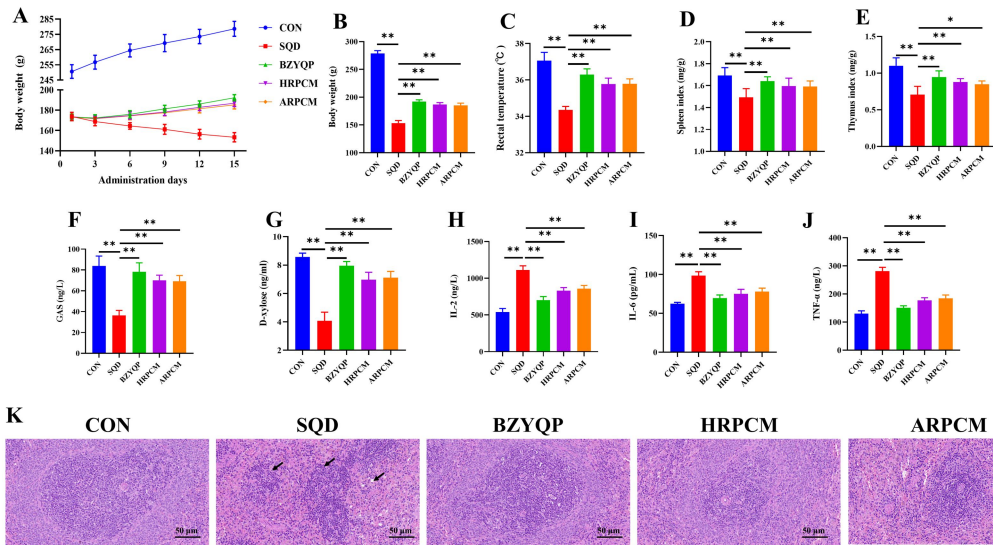
794

795



796

797



798

799

800

801

802

803

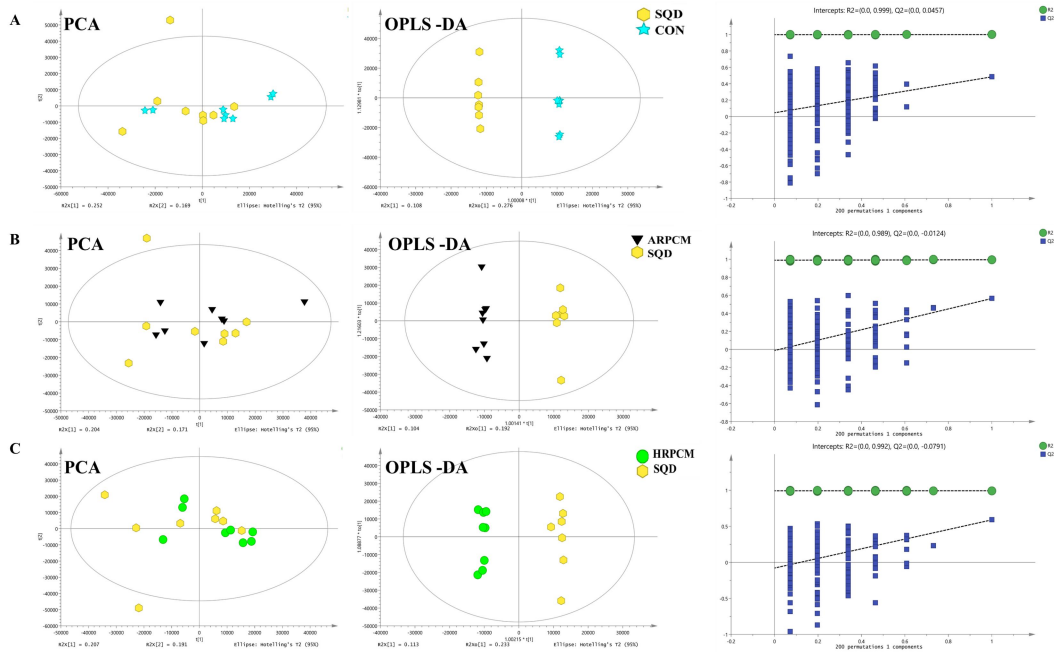
804

805

806

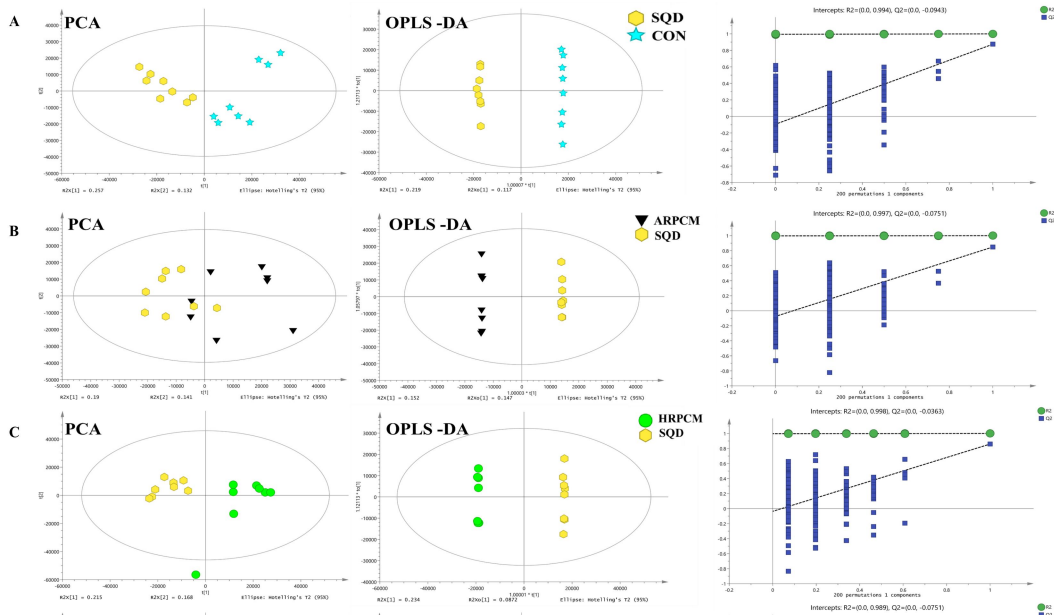
807

808



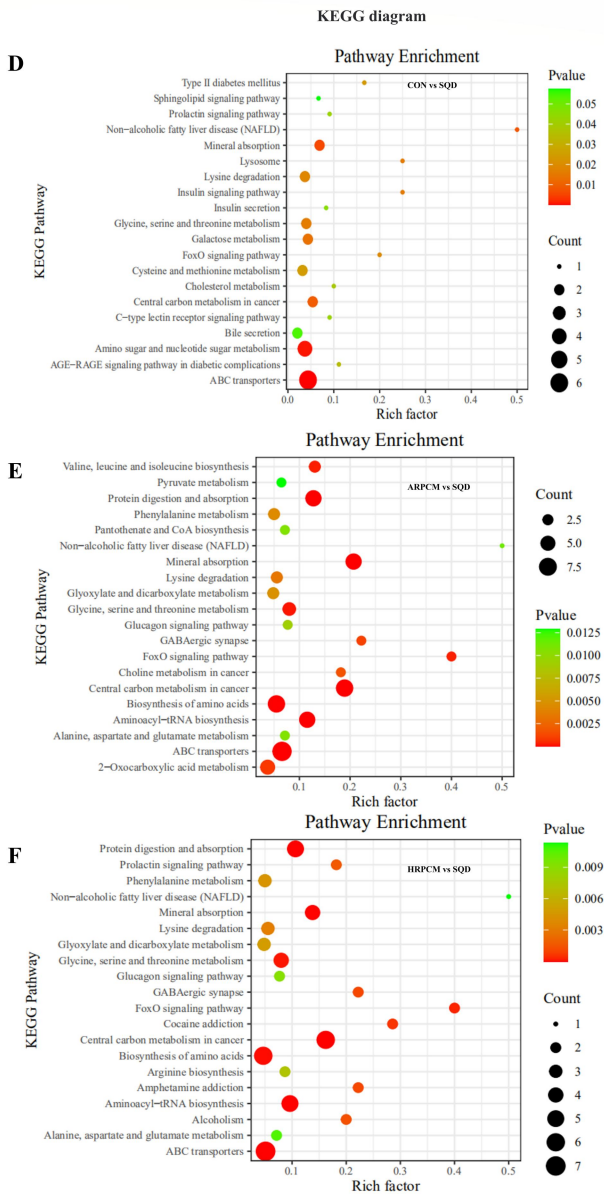
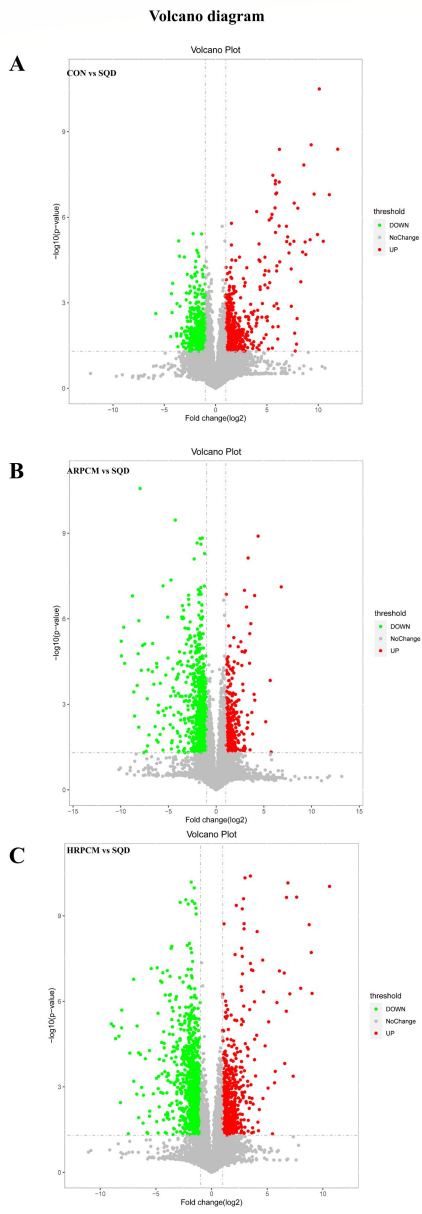
809

810



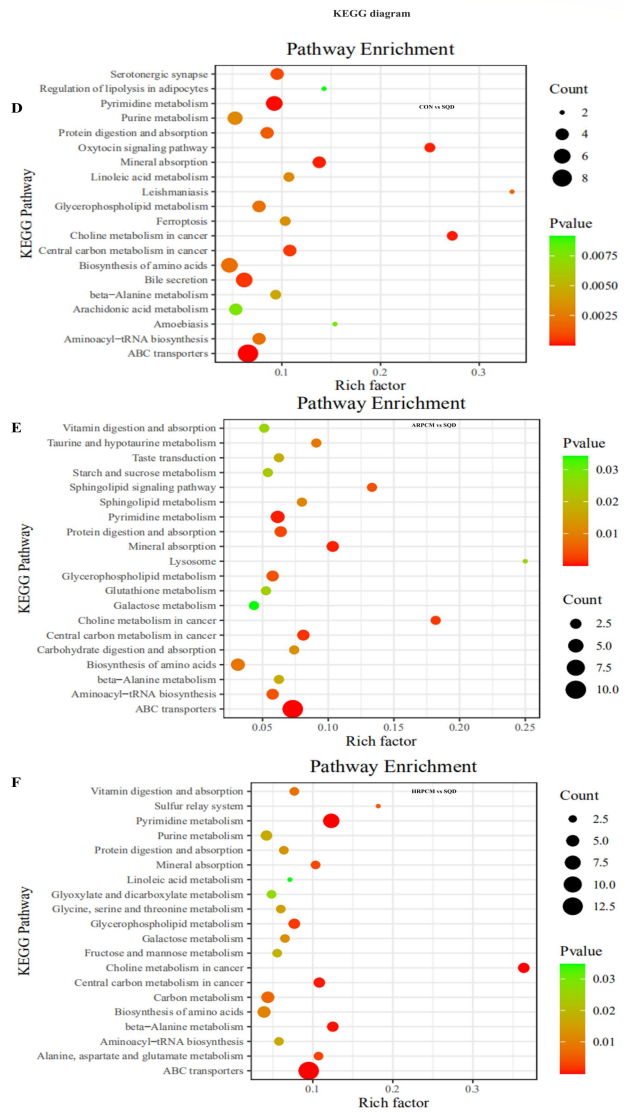
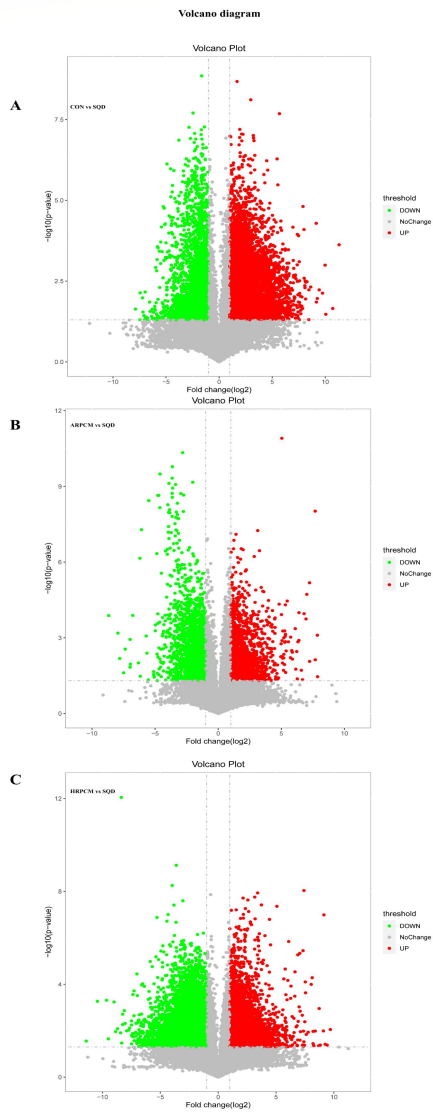
811

812



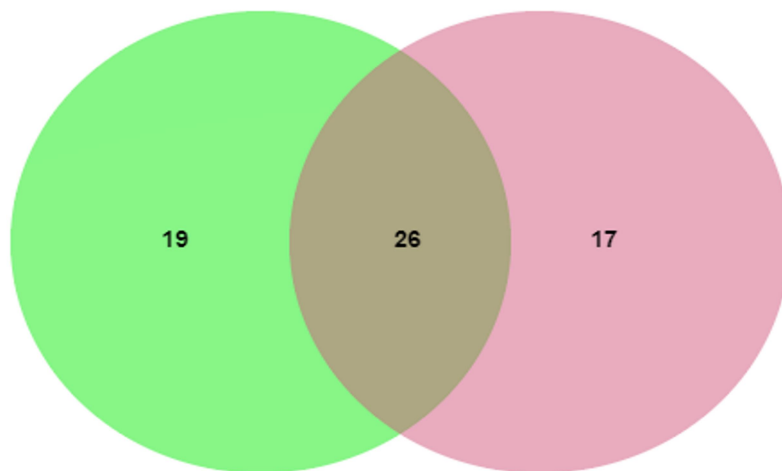
813

814



HRPCM

ARPCM



815

816

817